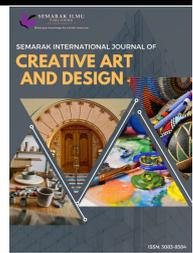




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Corelavate, Elevate Your Workspace for Peak Productivity

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ABSTRACT

The *Elevate Your Workspace for Peak Productivity* project was driven by the need for ergonomic and visually inspiring workspace solutions, especially with the rise of remote work and digital learning. The primary goal was to create a monitor stand that not only improves posture and reduces physical strain but also enhances the aesthetic appeal of modern work environments. Drawing inspiration from the organic forms and calming presence of coral reefs, the design embodies nature's elegance and tranquillity, aiming to bring a sense of serenity and focus to the workspace. This concept was visualized through a detailed storyboard, illustrating the journey from inspiration to final design, capturing the essence of coral structures and their fluid, harmonious forms. The final product reflects this natural beauty through its clean lines, modularity, and sustainable material choice pine wood emphasizing both environmental consciousness and minimalist design. By combining ergonomic functionality with nature-inspired aesthetics, the project successfully reimagines the conventional monitor stand into a product that elevates both workspace efficiency and visual harmony.

1. Introduction

The transition to remote working and digital learning was hugely accelerated by the COVID-19 pandemic and has significantly reshaped how individuals interact with their workspace. What began as a temporary solution has evolved into a long-term shift in working and learning environments, it is now a common practice for office and education [1].

People now spend extended hours at desks for work, study or even creative tasks and personal entertainment such as gaming, increasing the demand for organized, ergonomic and visually calming setups, this does not only apply to working in an office or school setting but also applies to individuals with a desk setup at home [2]. Despite this shift many users continue to face challenges such as physical discomfort, cluttered desks and inadequate screen positioning, all of which can hinder

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concentration and overall productivity. In both professional and educational contexts, a well-designed workspace can positively affect physical well-being, focus and task efficiency [3].

The design of a workspace plays a critical role in supporting the user's overall well-being, mental clarity and task performance in both professional and educational purposes. Studies have shown that ergonomically designed furniture and intentionally arranged workspace contribute to improved posture, reduced stress levels and increase productivity. Research indicates that cluttered work environments lead to cognitive overload, higher stress levels and diminished task accuracy. In contrast, tidy, well-arranged spaces have been found to enhance concentration and task engagement. Products that incorporate smart storage and modular components contribute to these outcomes by helping users maintain physical order and mental clarity [4].

A well-considered environment can help users stay focused for longer periods, particularly in tasks that require sustained attention, such as elevating the monitor to eye level, promoting comfortable lighting and maintaining an organised desk layout are essential in preventing repetitive strain injuries and enhancing workflow efficiency. When these ergonomic needs are not addressed, users are at a significantly higher risk of developing musculoskeletal disorders (MSDs), including chronic neck and back pain, shoulder tension and carpal tunnel syndrome. Additionally, poor screen alignment and lighting can lead to frequent eye strain, headaches and mental fatigue which diminish cognitive performance over time [5].

The research underpinning this project explored several key themes drawn from studies in ergonomics, environmental psychology and sustainable design. One major focus was the psychological and environmental impact of a workspace design on users' mental state and performance. Studies have shown that exposure to natural lighting significantly boosts mood, alertness and satisfaction while also reducing eye strain and fatigue. In particular, users who work near windows on in well-lit spaces report a 15-20% increase in productivity compared to those in poorly lit environments [6].

Aesthetics in product design were also evaluated beyond surface appearance. The form and texture of objects within a workspace can influence user interaction, mood and motivation. An effective way in product design is biomimicry, which is the process of copying the patterns and tactics found in nature. In order to address contemporary issues, designers and engineers can produce inventive, sustainable, and effective products by studying and utilising nature's solutions. The structures, functions, and systems that nature has perfected over billions of years can be adapted to solve human problems [7]. Rounded, organic shapes are generally perceived as more approachable and calming than sharp, angular forms. Building on these aesthetics and psychological insights, the project sought inspiration from nature, specifically, the structural elegance and adaptability of coral reefs. Coral formations, known for their porous forms, interconnectivity and organic geometry, offered a compelling design reference for creating a workspace accessory that feels both natural and visually balanced [8]. Drawing from this, the coral-inspired monitor stand uses biomorphic curves and soft lines to reduce visual tension while adding a sense of flow and natural rhythm to the workspace.

User-Centered Design (UCD) is a product design and development philosophy that prioritizes end-user's needs, preferences and behaviors throughout the entire design process, aiming to create products that are both useful and enjoyable [9]. This approach is founded on a deep understanding of user context and requirements, achieved through extensive research methods like surveys, interviews and observational studies, often utilising tools like personas and user journeys to inform design decisions. UCD is an iterative process involving cycles of prototyping, testing and refinement, where early prototypes are tested with real users to gather feedback and address usability issues, thereby reducing development risk and ensuring intuitive products. Crucial across various industries, especially digital and technology, UCD ultimately fosters products that not only function effectively

but also connect emotionally with users, building satisfaction and trust by creating genuinely human-centered solutions [10].

In light of these challenges and opportunities, this study aims to reimagine the conventional monitor stand as more than just a functional accessory, but as a thoughtfully designed product that integrates ergonomics, aesthetics, and sustainability. By drawing inspiration from the organic forms of coral reefs and applying a user-centered design approach, the project seeks to address physical strain, improve workspace organization, and create an environment that enhances both productivity and well-being. This paper presents the design process, from initial research and concept generation to the development and evaluation of the final prototype, highlighting how nature-inspired design can contribute to healthier and more inspiring workspaces.

2. Methodology

2.1 Survey Analysis

To ensure the final design addressed real user needs, a survey was carried out to understand the needs and preferences of those who use or intend to use monitor, to initiate the design process. A total of 64 responses were collected, with the majority (72%) ages between 19-25 and primarily students. Most participants reported working at desk for extended hours, often at home and identified common issues such as neck and back strain, limited desk space and poor cable management. Desired features included adjustable height, integrated storage and effective cable organisation, with a preferred price range of BND 50 to BND 100. Benchmarking and market analysis further highlighted a gap for products that combines ergonomic support, organisation and appealing aesthetics, guiding the project's design direction.

After brainstorming initial ideas with the respond from the survey, a clearer visualisation of the product can be generated in the later stage of concept idea generation process. This stage involved refining the design direction by gathering supporting research on materials, textures and manufacturing approaches. Materials and texture studies prioritised sustainability, durability and ease of fabrication. Pine wood was selected for its natural warmth, workability and strength, while resin was used to achieve smooth, durable surface finishes. 3D-printed PLA components allowed for precise detailing, customisation and lightweight modular elements [11]. These materials were chosen not only for their compatibility with the organic design language.

A benchmarking study of existing products including the Vaydeer Monitor Riser, Fluidstance Raise™, and Balolo Setup Cockpit was carried out to identify strengths, weaknesses, and gaps in the current market. The Vaydeer Monitor Riser offered integrated USB ports and a slim profile but lacked height adjustability and had minimal storage capacity [12]. The Fluidstance Raise™ impressed with its clean, modern aesthetic and quality materials, yet its high cost and limited modular features made it less accessible for a wider user base [13]. The Balolo Setup Cockpit stood out for its premium wood finish and craftsmanship, but it also lacked adjustable height options and had no built-in cable management [14].

Table 1
 Product benchmarking comparison

	Vaydeer Monitor Riser	Fluidstance Raise™ Monitor Riser	Balolo Setup Cockpit Monitor Stand
	 <p>Fig. 1. Vaydeer Monitor Riser</p>	 <p>Fig. 2. Fluidstance Raise Monitor Riser</p>	  <p>Fig. 3. Balolo Desk Setup</p>
Key Features	<ul style="list-style-type: none"> • Sleek appearance • Four Adjustable Heights • Multiple USB Ports 	<ul style="list-style-type: none"> • Metal frame • Minimal design • No storage 	<ul style="list-style-type: none"> • Modular wooden frame • Additional and customizable components • Clean and aesthetic finish
Price	USD 95.99	USD 174	USD 199.90
Size (L x B x H mm)	548 x 199 x 151	594 x 235 x 121	740 x 230 x 120
Functions	<ul style="list-style-type: none"> • Wireless charging device. • Desktop Organizer • Stable and Durable Material • Non-skid feet help keep stand in place 	<ul style="list-style-type: none"> • Monitor Elevation • Multi-functional modularity accessories 	<ul style="list-style-type: none"> • Monitor Elevation • Storage space • Laptop tray • Multi-functional modularity accessories • Cable Organizers
Materials	High- quality galvanized steel	Heavy duty recycled steel (50%)	American walnut wood / oak wood / black colored oak wood, birch wood, satin sealed feet made of MDF wood
Pros	Adjustable height, functional features	Strong build, clean form	High-visual appeal, customizable
Cons	Unappealing form,	No cable management or compartments	High cost, no adjustability

From these evaluations, it became clear that while existing monitor stands addressed certain ergonomic or aesthetic needs, few provided a comprehensive solution that combined adjustability, integrated storage, cable management, and an affordable price point. These insights were critical in shaping the design brief, ensuring that the final product would fill this market gap by offering a balanced blend of functionality, ergonomics, sustainability, and visual appeal.

The design was heavily influenced by the natural beauty and adaptability of coral reefs. In nature, coral formations present a fascinating duality: from afar, they appear uniform, steady, and rhythmically moving with the ocean currents; yet, a closer look reveals intricate structures, complex patterns, and a thriving ecosystem [15]. This became a key metaphor for the product's design philosophy.

From a distance, the monitor stand is intended to appear minimal, elegant, and unobtrusive seamlessly integrating into any workspace. Upon closer inspection, users discover a rich layer of thoughtful features: adjustable height mechanisms, integrated modular storage, and subtle cable management systems. Like coral, the product conceals its complexity beneath a refined exterior, offering both visual calmness and functional depth. This biophilic approach not only creates a visually appealing form but also aligns with research showing that nature-inspired designs can promote focus, reduce stress, and improve user satisfaction.

2.2 Concept Generation and Sketch

In order to explore how the organic shapes derived from the design philosophy, coral reef, could be interpreted into a sleek, contemporary design for a monitor stand, the ideation process started with multiple rounds of sketching. In order to strike a balance between structure and simplicity, the early sketches experimented with different forms, curves, and shapes that might offer both stability and visual appeal.

As the design progressed, important features, like the soft curves and coral-like branching shapes, were honed to make sure they complemented the minimalist style without sacrificing functionality. The development of the finished prototype was based on these sketches, which guaranteed a unified design language influenced by organic shapes. With the research foundation established, the concept generation process focused on translating ergonomic requirements, sustainability goals, and coral reef inspiration into tangible design ideas. Three main concepts were sketched which are Fox Coral (Figure 1), Club Tip Finger Coral (Figure 2), and Elkhorn Coral (Figure 3) each exploring unique arrangements of modular storage, adjustable platforms, and flowing organic forms. These early designs aimed to balance ergonomic performance, space efficiency, and calming visual appeal.

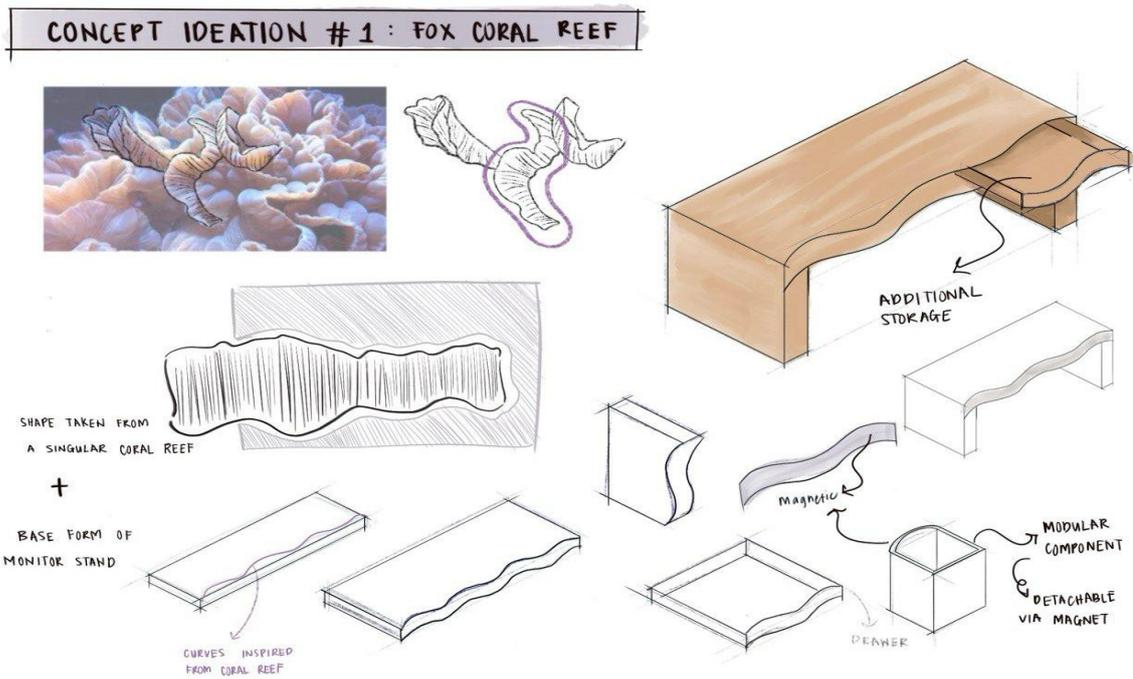


Fig. 4. Concept ideation 1 (Fox Coral Reef)

The first concept is inspired by the fluid, flowing forms of the Fox Coral Reef. This design emphasizes a soft, organic silhouette that integrates seamlessly into a functional structure. Key features include modular, detachable components and hidden storage spaces, allowing the user to organize their desk space efficiently without disrupting the visual harmony of the piece. The Fox Coral monitor stand prioritizes an elegant finish and organic form, offering a versatile solution that balances aesthetics, ergonomics, and ease of use. Its unique curvature brings a calming, natural presence to the workspace while maintaining a practical, user-centered design.

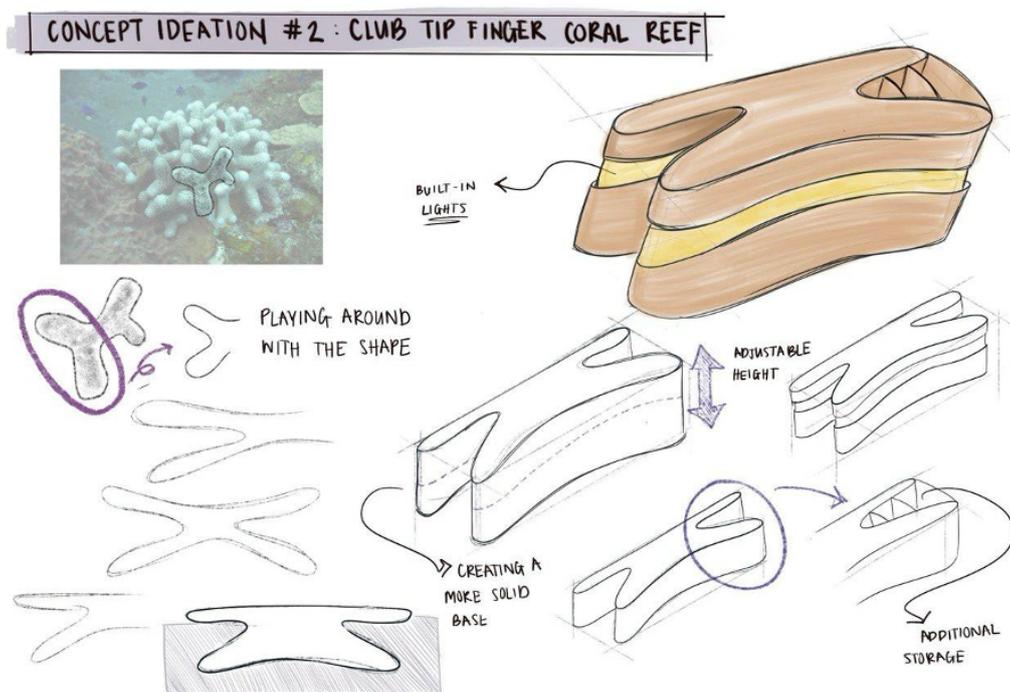


Fig. 5. Concept Ideation 2 (Club Tip Finger Coral)

The second concept draws from the rounded, clustered shapes of the Club Tip Finger Coral Reef. This design approach results in a more solid and sculptural monitor stand, with built-in lighting and adjustable height features that enhance the functionality and adaptability of the product. The form experiments with layered structures to create a visually grounded yet dynamic piece. While it leans heavily into ergonomic and modular flexibility, it presents a slightly chunkier and bolder visual language compared to the other concepts, catering to users who prioritize adjustability and a distinctive desk presence.

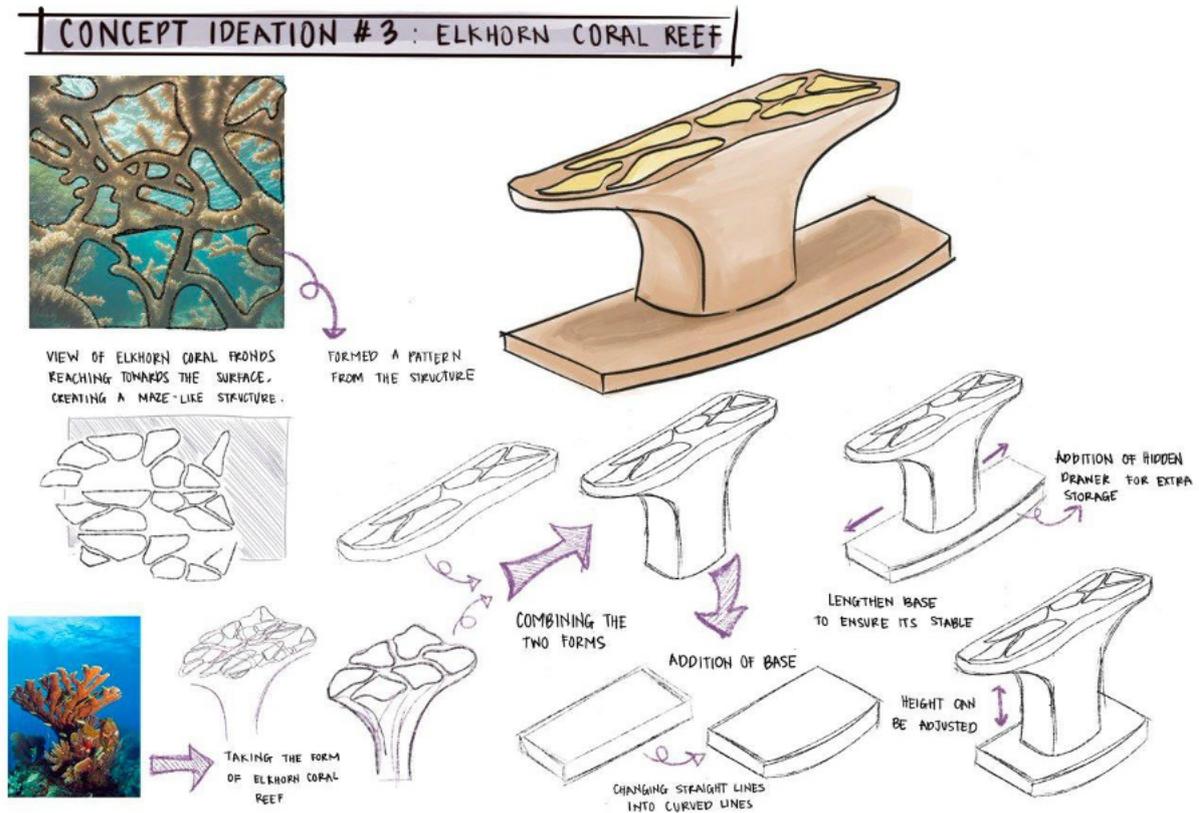


Fig. 6. Concept Ideation 3 (Elkhorn Coral)

The third concept is inspired by the branching, tree-like formations of the Elkhorn Coral Reef. This design focuses on creating a lighter, more intricate aesthetic by incorporating a patterned surface that mimics the natural branching structure. Additional features like hidden storage solutions are subtly integrated to maintain a clean appearance. The Elkhorn concept places emphasis on an organic and refined visual identity, offering a monitor stand that feels both sculptural and functional. Its lengthened base ensures stability, while the detailed surface texture adds an elegant and nature-inspired touch to any workspace.

1.1 Concept Selection

To ensure an objective and comprehensive evaluation of the concepts, the Pugh method was employed as shown in Table 1. The Pugh method is a decision-matrix approach used to compare multiple options against a baseline, evaluating each concept across a consistent set of criteria. This structured method helps highlight the relative strengths and weaknesses of each idea, supporting a rational and transparent selection process. In this case, Concept 1 (Fox Coral Reef) was used as the baseline for comparison, and Concepts 2 and 3 were scored relative to it.

The criteria selected for the Pugh method were based on both the functional objectives of the project and user feedback gathered during initial research. Height adjustability and ergonomic consideration were chosen to ensure the product addresses physical comfort and promotes better posture key goals of the design. Ease of use and modularity reflect the need for a user-friendly and adaptable product suitable for various workspace setups.

Aesthetic appeal, including colour options, elegant finish, and organic form, were included to capture the importance of visual harmony and the calming, nature-inspired theme drawn from coral reefs. Lastly, material selection was considered to evaluate sustainability, availability, and the tactile experience of the final product. Together, these criteria ensured a balanced evaluation of functionality, usability, sustainability and visual impact.

Table 2
 Pugh’s method evaluation of concept ideas

	Concept 1	Concept 2	Concept 3
Ideal Height	S	+	-
Ergonomic	+	+	-
Aesthetic	S	+	S
Minimalistic	+	S	-
Elegant Finish	+	S	-
Organic & Unique Form	+	S	S
Ease of Use	+	-	-
Modularity	+	-	-
TOTAL (+)	+5	+3	+0
TOTAL (S)	2	3	2
TOTAL (-)	-1	-2	-6
NET SCORE	6	4	-4

Each concept was assessed based on key criteria including height adjustment, ergonomic consideration, aesthetics, elegant finish, organic and unique form, ease of use, and modularity. While Concepts 2 (Club Tip Finger Coral Reef) and 3 (Elkhorn Coral Reef) exhibited specific strengths such as enhanced adjustability and refined aesthetic detailing, respectively. Concept 1 demonstrated a more balanced performance across all categories.

Concept 2 excelled in ergonomic features and height adjustment flexibility, offering a robust and adaptable structure. However, its bulkier form compromised the elegance and organic quality sought in the design direction. Concept 3 stood out in aesthetic lightness and intricate surface detailing inspired by natural branching forms. Despite this, it fell short in terms of modularity and ease of use, posing potential challenges for practical functionality.

In conclusion, Concept 1 was selected for its strong integration of ergonomic functionality, modular features, and an elegant, organically inspired form. Its seamless incorporation of storage solutions and refined finish ensures both aesthetic appeal and practical value, making it the most holistic and effective choice for further development.

3. Final Design

From the concept chosen, this chapter showcases the final design sketch as shown in Figure 4. Through sketching, ideation, and refinement, multiple concepts were explored with a focus on

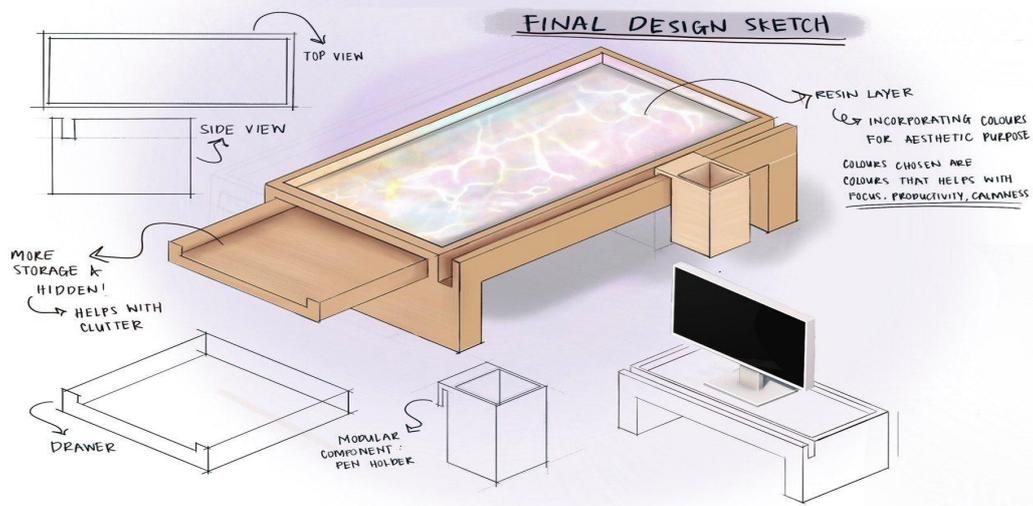


Fig. 7. Final design sketch

addressing ergonomic needs, improving workspace organization, and incorporating aesthetic qualities inspired by natural forms specifically coral reefs. The development process helped identify the most suitable direction, ultimately leading to a concept that balances practicality with a distinct and calming language design.

The final design, derived from the first concept, Fox Coral Reef, was further refined with careful consideration of both form and function. In this development phase, the original wavy lines inspired by the coral structure were intentionally omitted to create a cleaner and more sophisticated silhouette. Instead, a layer of resin was introduced on the surface of the product, enhancing both the visual and tactile qualities. The resin layer not only adds a premium, polished finish but also serves as a medium for introducing carefully selected colours. These colours are intentionally chosen based on their psychological impact, incorporating tones known to boost productivity, creativity, and focus within a workspace environment.

3.1 Final Design Renderings

In this section, high-quality renderings of the final design are showcased to represent the product in a realistic context as shown in Figure 5 and 6. These visuals emphasize the material finishes, colour choices, and intended user experience, helping to convey the atmosphere and emotional appeal of the design.

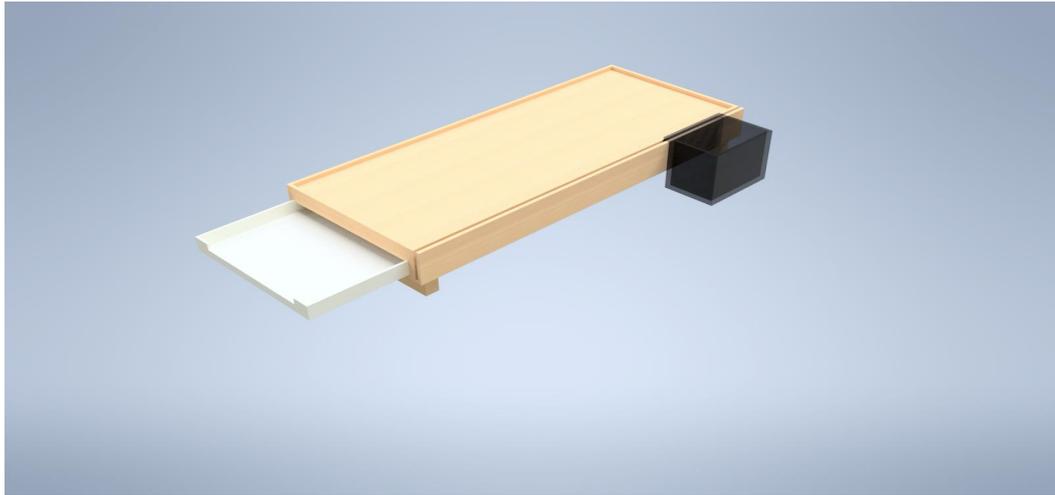


Fig. 8. Full assembly rendering



Fig. 9. Full assembly rendering

3.1 Final Product Fabrication Process

The fabrication process began with the selection of materials, where pine wood was chosen for its natural, elegant grain that complements the minimal and sophisticated aesthetic of the design. Two different thicknesses, which are 20mm and 5mm were selected based on material availability and structural requirements as shown in Figure 7. Due to these specific thicknesses, minor adjustments were made to the original design dimensions to maintain the strength and proportion of the final product without compromising the design intent.



Fig. 10. Material selected

The next step involved cutting the wood into precise pieces following the updated measurements. A table saw and mitre saw were used to achieve clean, accurate cuts, while a wood planer machine ensured consistent thickness across all components. A jigsaw was employed to cut out the opening for the integrated drawer, requiring careful control to maintain clean edges while a G-clamp was used to keep the piece secured in place as shown in Figure 8.

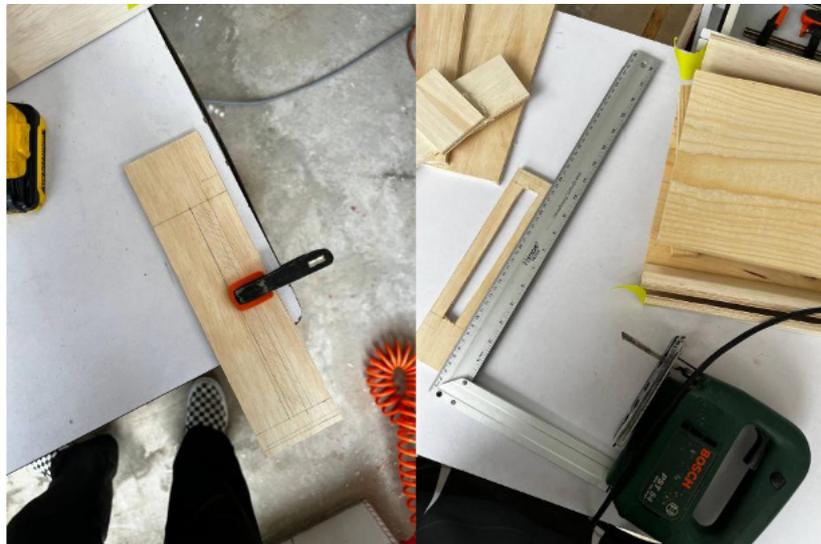


Fig. 11. Cutting the opening for drawer with a Jigsaw

After cutting, the focus shifted to surface preparation, where all wood pieces were thoroughly smoothed to enhance the natural beauty of the pine grain as shown in Figure 9. This step was essential, as the final design intended to celebrate the organic patterns and textures of the wood without heavy finishing layers.



Fig. 12. Sanding the wood pieces

For assembly, wood glue was applied at all joints, and clamps were used to hold the pieces securely together during drying as shown in Figure 10. This method ensured strong, durable connections while maintaining a clean, seamless appearance in line with the overall design language.

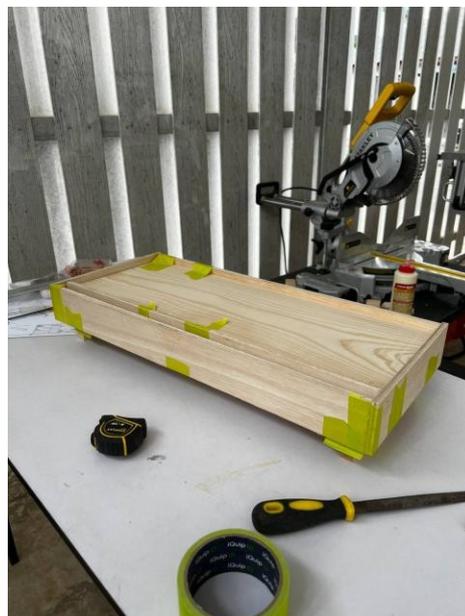


Fig. 13. Process of assembly

Due to changes in material thickness, a design revision for the legs was necessary. The final decision on the leg design was temporarily put on hold to accommodate the updated proportions. A

short and hidden leg design was ultimately selected to create a "floating" effect, keeping the workspace clean and unobstructed while enhancing the minimal, refined look of the product.

During the fabrication process, certain components of the design could not be completed due to unforeseen challenges. Specifically, the shipment of resin, which was intended to add an aesthetic layer to the top surface, was delayed and did not arrive in time for the final build. This affected both the fabrication timeline and the overall visual expression of the product, as the resin layer was meant not only to enhance the natural beauty of the wood but also to represent the concept inspiration, the coral reef. As a result, the prototype presents the core structure and functionality of the design but lacks the final aesthetic treatment that was originally planned. Completion of these missing elements is intended for future development to fully realize the design vision.

3.1 Final Prototype

The fabrication process successfully translated the design concept into a functional and refined prototype. The final product maintains the intended minimal and elegant aesthetic, with the natural grain of the pine wood adding warmth and character. Despite adjustments to dimensions and minor design revisions, the overall form, structure, and finish remained true to the original vision. The floating effect created by the hidden leg design further enhances the clean, modern look, resulting in a monitor stand that is both visually striking and highly practical. A collection of photos of the end product are shown in Figure 11 and 12.



Fig. 14. Final Prototype in use

As can be seen in the figure below, when the user is not doing work or the workspace is not being used, a keyboard is easily stored under the product resulting in a neat and clean space to avoid any clutter in the area.



Fig. 15. A standard keyboard stored under the product

3.2 Product Evaluation and Testing

A straightforward user testing session was carried out to assess the final prototype's overall performance, ergonomics, functionality, and aesthetics. In a natural workspace environment, a group of three to five people who frequently work with computer setups were asked to interact with the monitor stand. Participants filled out a structured evaluation form after using the product, which evaluated a number of factors like comfort, stability, material quality, visual appeal, and ease of use. For additional insights, users gave open-ended feedback after rating each category on a scale of 1 to 5. This testing strategy yielded useful qualitative and quantitative data that helped identify the prototype's advantages and potential areas for development.

The evaluation process provided valuable feedback on the performance and design of the final prototype. Overall, users found the monitor stand to be stable, comfortable to use, and visually appealing, successfully achieving the intended minimal and elegant aesthetic. Minor adjustments related to ergonomics and ease of use were noted, offering opportunities for further refinement. The results confirmed that the material choice, finishing techniques, and design decisions were effective in creating a functional and well-resolved product. This evaluation validates the direction of the design and highlights key areas for potential improvement in future iterations.

4. Conclusions

The “Elevate Your Workspace for Peak Productivity” project produced a coral reef–inspired monitor stand that combines ergonomic comfort, minimalist aesthetics, and sustainable materials. Designed to reduce physical strain, improve workspace organization, and create a calming, nature-connected environment, the stand was crafted from pine wood, resin, and 3D-printed PLA. User feedback validated its stability, functionality, and visual appeal, while identifying opportunities for refinement such as enhanced adjustability, improved cable management, and completion of the resin layer. With these refinements, the design has strong potential to become a fully resolved, market-ready solution that aligns with contemporary values of productivity, sustainability, and thoughtful design.

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